

Employee Assistance Program

Financial Resources—Governmental and Non-Governmental

www.FOH4YOU.com

Your Federal Occupational Health (FOH) Employee Assistance Program (EAP) provides financial consultation services, including free phone consultation, as well as an extensive library of materials and financial tools online. Legal consultations are also available on topics outside of those related to employment law. To access free consultation services call **1-800-222-0364**.

www.mymoney.gov

MyMoney.gov is the U.S. government's website dedicated to teaching all Americans the basics about financial education. "Whether you are planning to buy a home, balancing your checkbook, or investing in your 401k, the resources on MyMoney.gov can help you do it better." Throughout the site, you will find important information from 20 federal agencies government wide. Telephone services available: **1-888-MYMONEY**.

www.hopenow.com

HOPE NOW is connected to the U.S. Department of Housing and Urban Development (HUD). It's an "alliance between HUD-approved counseling agents, mortgage companies,

investors and other mortgage market participants" that provides free foreclosure prevention assistance. Counseling organizations play a key role in the success of HOPE NOW, providing borrowers in-depth debt management, credit counseling and overall foreclosure counseling. Telephone services available: **1-888-995-HOPE**.

www.fdic.gov

Federal Deposit Insurance Corporation: Click on "Quick Links for Consumers and Communities" for many resources, including information on specific banks and whether deposits are insured.

www.extension.org/personal_finance

eXtension is an "interactive learning environment delivering the best, most researched knowledge from the smartest land-grant university minds across America." Highlighted is the section on personal finance, which offers multiple resources on financial matters, the opportunity to ask questions of experts, and a link to local resources. Services are connected to the Cooperative State Research, Education and Extension Service (www.csrees.usda.gov) within the U.S. Dept. of Agriculture (USDA).



