



**AFMC Connect**

# WARFIGHTER

*Goal: Connect all personnel to the mission to amplify warfighter culture*

## FACILITATOR NOTES

1. The objective of AFMC Connect is to provide opportunities for meaningful conversations to occur within our organizations – resulting in stronger connections and increased unit cohesion. Social ties that accompany a sense of belonging, as well as increased connectedness, are identified as protective factors associated with preventing suicide.
2. Twelve tools have been developed for CY24, and leaders are able to choose which tool is utilized each month to best meet the needs of their organization – eleven traditional AFMC Connect topics plus one Suicide Prevention training tool.
3. Attend an AFMC Connect facilitator training offered by your Integrated Resilience Office to help navigate the best way to deliver small group sessions and clarify questions you may have on the Suicide Prevention (SP) content.
4. Supervisors have the flexibility in facilitating these discussions in already existing forums (i.e., staff meeting, roll call, guard mount, shift change, PT etc.).
5. It is important to introduce the monthly discussion in your own words in a way that meets the needs of your personnel.
6. Please reference the full implementation guidance for additional information on facilitating discussions and local points of contact at:  
<https://www.afmc.af.mil/connect>

## FRAMING THE CONVERSATION

The warrior ethos means never accepting defeat, refusing to quit, and never leaving an Airman or Guardian behind. A warfighter mindset is about facing challenges head on instead of trying to avoid them, viewing a stressful event as a challenge rather than an obstacle, understanding what it feels like to fail, and realizing that you can recover. The repeating cycle of success, failure, and experiences builds your toughness, grows your confidence, and cements your warrior mindset.

The most crucial attribute a warfighter exhibits is knowing when to ask for help. When stress reaches a point that can no longer be managed with internal strength, a warfighter will lean on the resources and people around them. Asking for help shows self-awareness, wisdom, and resourcefulness. Supportive leadership encourage personnel to connect to the care you need.

### Suggested Discussion Points:

1. How can leaders within the AFMC foster a culture that encourages innovation, risk-taking, and continuous improvement in warfighting capabilities?
2. How can a warfighting culture within the AFMC help ensure that the Air Force increases its technological edge over potential adversaries?
3. What are the potential risks of not prioritizing a warfighting culture?

### Take Action:

- Brainstorm ideas with your team on how you can grow the warfighter mindset in your workplace or at home.
- Explore past AFMC development successes and how they changed the battlespace.
- Schedule an emerging threat presentation/discussion with local intel.
- Watch the following video together as a team and discuss how everyone is a warfighter, impacting the mission:  
<https://www.dvidshub.net/video/827960/brig-gen-gerald-donohue-warfighter-culture>

We welcome your feedback on how we can make these products more effective. Please utilize the following link or QR Code:

<https://www.surveymonkey.com/r/CY24Connect>

