



# HOW TO STAY "CONNECTED" WHILE SOCIAL DISTANCING

Find additional AFMC Connect Resources at <https://www.afmc.af.mil/connect>

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HELLO

1

## TAKE A MOMENT EVERYDAY & SAY "HELLO"

Use your "go-to" communication apps (i.e. WhatsApp, Messenger, Microsoft Teams etc.) & start your day by saying "Hi" to your people.



2

## CREATE A CHAT GROUP

When you can't be in person, IMPROVISE! Start a chat discussion about the topic of the month and have fun with it! Emojis, memes, gifs...



3

## GO LIVE!

Why not start a video chat and bring your small group together in the moment. Google Hangouts, Zoom, FaceTime, GoToMeeting, and other apps can create a fun & engaging experience to talk with your team.



4

## GROUP CALLS

Phone-your-friends and make this month's AFMC Connect discussion a mobile occasion. Benefits - you can have a group discussion in your PJ's!



5

## WHEN ALL ELSE FAILS - EMAIL!

Let's face it - staying connected is going to be tough! This is your chance to make sure your team knows how much you really care. Make your best effort to connect and - when all else fails - you can still send an email.

**FOR MORE INFORMATION ON HOW TO STAY CONNECTED UTILIZE THESE RESOURCES**

[WWW.AFMC.AF.MIL/CORONAVIRUS/](http://WWW.AFMC.AF.MIL/CORONAVIRUS/)

DOWNLOAD THE USAF CONNECT APP

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